2: Durham B-5 (ca. 1910)1928 EG1 Albania EG1

witch in Albania; and though there can be no doubt that one has now and then been done away with, the general idea was that it was best not to interfere lest worse should follow.

Marko strongly believed this. A woman a few doors away from us was a shtriga, and he ascribed much ill-luck to her. He avoided her as much as possible, and did not speak with her. When the autumn began to turn cold, numbers of mice that had summered in the cornfields came into the house. My room swarmed, and they ran over me at night. I told Marko to buy a trap. He seldom forgot things, and when I asked for the trap in the evening, I was surprised that he had not bought one. Again next day I asked him not to forget the mouse-trap; and again there was no trap. Then Teresi, his wife, came to me and said: "Please do not ask Marko to buy a trap; he does not want to." "But why?" She hesitated. "Marko thinks the mice are sent." "Sent?" I asked. "But who can send them?" "Marko thinks that woman—the shtriga—has sent them." I was delighted and asked: "How do people send mice?" "Marko says that with Beelzebub all things are possible." "But why should we not kill the mice?" "Because she would be angry and send something worse. Perhaps rats! Who knows?"

It was clearly impossible to trap the mice. I considered the situation, and next day asked if we might have a cat. Marko thought deeply. He then said it was natural for a cat to kill mice; we, in fact, should be powerless to prevent it, and should not be responsible. The cat was obtained—a splendid mouser; and so we defeated the shtriga. It is clearly better not to incense them.

Men also are magicians, but I think not so often. A magician appeared at Nikaj when I was there. He was believed by the priest, whose guest I was, and by Marko to be so diabolical that the former ordered him to leave the parish, and neither of them would let me go out without a strong bodyguard; so I never got near him. He was famed for being able to raise many devils by dancing and wagging one leg behind him, and was believed to have come to Nikaj because most of the women were shtrigas.

A magician in Albanian is "maghistar" or "menghistar." Magic is "maghi" or "menghi"; "menghi" is also a remedy. In early days medicine and magic were one and the same. The words appear to be derived from, or connected with, "magus." The wise man of old used spells just as did the "wise woman" of the English village.

A strange tale which all believed was told of such a man who had worked much harm with magic in the Djakova district. One of the local beys, therefore, arrested him and locked him up. When he had been some time imprisoned the bey was one day entertaining guests on a feast day. The party was dull, and someone asked where that magician

4: Garnett B-4, 5 (ca. 1880) 1891
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shouldered, fair-complexioned man, called Kapitan Yannaki (Captain Johnny), who was reputed to possess a tail. In order to convince themselves of the truth of this report, half a dozen of his comrades (for he was uncommonly strong) had fallen upon him together when he was taking his noon-nap, and he himself had taken part in this ocular inspection. He distinctly remembered seeing a goat-like tail about four finger-breadths long, covered on the outer side with short reddish-coloured hairs." M. Von Hahn's endeavours to see for himself such a *lusus naturæ* were in vain, and the Turkish military surgeons, who inspected annually hundreds of recruits from all parts of the country, confessed that no specimen of the tailed man had ever come under their notice.

The villagers of the Ritza tribe hold in great honour a kind of good genius of the house which they call the Vittóre (βιττόρι), a word which signifies "ancient," and seems to convey the idea of a survival of ancestor worship. The Vittóre is in reality a little thick snake with a speckled skin, which lives in the house walls and seldom leaves its hole. These snakes are believed to live in the same house from generation to generation. They are regarded with great reverence by the family, and especially by the women, who heap benedictions upon them, and predict joyful or sorrowful events according to the sounds made by this house genius. On hearing any unusual or unaccountable noise the women say, "It is the Vittóre." If all the members of a household die, and the house is left empty, or passes into other hands, the Vittóre, too, abandons it, never to return. When an old and much

4: Garnett B-4, 5 (ca. 1880) 1891
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respected woman dies, the friends who come to offer their condolences say to her relatives, "She was the Vittóre of the house."

In Elbassan the Vittóre also conveys the idea of a good genius, though the snake element is absent, and a wife who has presented her husband with a large family of sons is designated by this name.

Vampire beliefs are, generally speaking, more or less the same in Albania as in the rest of Turkey. The hair and beard of the "Restless One" are believed to grow in the tomb, and any one bending over the grave may hear him rattle and grind his teeth. Some men are also held to possess the propensities of vampires before death, and to be in the habit of unconsciously going forth by night to suck the blood of children and young maidens.

Strangely enough, in Elbassan and the neighbourhood, Von Hahn found no traces of the Vampire (βρυκολακ) pure and simple, as he elsewhere exists. Two connected species, however, came under his notice, the Lougát (λουγάτ) and the Karkantsoli (καρκαντσολι). The first was described as the corpse of a Turk with finger- and toe-nails of prodigious length, which, wrapped in its winding-sheet, roams about at night devouring everything it finds, and strangling any human being unfortunate enough to cross its path. The name of Lougát is also given generally in Northern Albania to a class of uncanny apparitions, which are believed to be the bewitched forms of persons who have led evil lives. These have the faculty of changing their forms with surprising and confusing rapidity, appearing successively as

4: Garnett B-4, 5 (ca. 1880) 1891
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appointed time, he never fails to bring it permanently to the surface.

A story is told of a shepherd who, when pasturing his sheep in Dibra, saw one day a snake curled up asleep on a great heap of gold. In order to induce him to leave it, the shepherd fetched a pail of milk, which he placed near the snake, and then retired to a little distance to watch his movements. As he had calculated, the snake gorged himself with the milk, and then returned to sleep on the gold heap. But the quantity of milk he had drunk made him thirsty and uneasy, and he wriggled and wriggled and could not rest. Finally he went off to get some water, and, the spring being at some distance, before he returned the shepherd had removed the whole of the treasure to a place of safety. What the snake did when he came back and found his property gone, the story omits to mention.

The Tosks hold that hidden treasures are guarded by fire-breathing winged snakes with human faces. These creatures they, however, call by the Greek name of Stoichiò (στοιχιὸ), which signifies generally an elemental spirit. On the eve of Sunday the Stoichiò relaxes its vigilance, and the treasure may then be seized by a bold and enterprising individual.

The existence of a treasure, and the spot where it is to be found, are held to be frequently revealed in dreams, which are repeated on three consecutive nights. As in the above-mentioned case, should the fortunate person take another into his confidence, the gold turns to charcoal and his days are numbered. The Albanian women, however, who are learned in the expounding of dreams, say that, as a rule, they go by contraries.

4: Garnett B-4, 5 (ca. 1880) 1891
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through which the animal is led. If the cow steps over the object with the right hoof, it is considered a good augury; if with the left, the omen is unfavourable. If a hen shakes her feathers in the house, or if one of her feathers hangs askew without falling, it foretells the arrival of a friend, or the receipt of news from an absent relative. Should the hen crow like a cock without turning its head to the East, it signifies a death or other serious misfortune. If, during the night, a cock crows at an unusual hour, it is either a sign of a change in the weather, or that important news will arrive in the morning. To an expectant mother, however, it announces that her child will be a boy. Should the dog howl while looking away from the dwelling, it is a sign of death; and if the cat mews repeatedly, that a member of the family will shortly fall ill. If, however, she licks herself frequently, it is merely a sign of rain.

Cats, I may here remark, are treated with great kindness by the Albanians, who, it is said, are not in the habit of laying to their charge the smashing of crockery, or the disappearance of provisions. According to a myth current among the Albanian highlanders, the cat was created by Jesus, who produced one from the sleeve of His mantle when dining in a house infested with mice. To kill a cat is consequently considered a most reprehensible action. When such a family pet dies, the children of the house call in their friends to assist in pussy's obsequies, and, after she has been carried in solemn procession to the grave, the little party sit down to a funeral feast, for which the mother willingly furnishes the necessary viands.

4: Garnett B-4, 5 (ca. 1880) 1891
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787 The cries of wild beasts and birds, and also the circumstances under which they are heard, or the 825 animals themselves met with, have also their signification. If wolves howl in packs, it betokens, in some districts, a death; in others, severe frost. To meet a snake before sunrise, or about sunset, augurs the death of a relative. If the turtle-dove, which in Middle Albania builds in the towns and villages, sits on a roof and coos, it announces to the inmates the return of a relative from a foreign land. When a cuckoo, however, sits there and sings, or an owl hoots there, it betokens a death in the house. The croak of a raven in the vicinity of a house, or the hoot of an owl, announces to the expectant mother the birth of a girl. Sparrows flying in large flocks are held to be a sign of severe cold.

787 Various auguries are also drawn from the arrival in spring of the birds of passage, and the circumstances under which they are first seen. For instance, to see the first swallow or turtle-dove before breaking one's fast in the morning portends sickness. Accordingly, about the time when these birds are expected, and more particularly on the 1st of May, the precaution [751 777] is taken of placing by the bedside a small piece of bread, which is eaten immediately on awakening in order to avoid any such risk. In Northern Albania, on the contrary, it is held that to see while fasting the 755 first swallow brings luck. Here, too, when a mother, whose child has been born with a running sore, sees the first stork, she places on her baby's head a stone, saying:

2:Edmonds T-3 (1926?) 1927 E13 Balkan Peoples
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To the Land of the Eagle

ooo inn. We sat outside at a table under the vines like a family party, and were joined in true democratic fashion by the driver and the mechanic of the lorry. I thought with regret of the snobbish class-distinctions of my native land. How much happier we should be if only we could abolish them!

361 The Albanian countryside at this spot was but sparsely inhabited, and houses were few and far apart. The occasional villages were tumble-down and poverty-stricken. At one place the mosque had fallen into ruins—perhaps the result of an earthquake—and no one had troubled to build it up again.

181 The Albanian, like the Turk, is something of a fatalist. He is also lazy. Doubtless it was the will of Allah that the mosque should collapse—why, then, trouble to rebuild it?

825 The broken minaret was crowned with an enormous stork's-nest on which stood the owner clapping its long beak. The stork, being a sacred bird, was in no danger, having once established itself, of being disturbed or turned out of its home.

ooo Our way lay amongst mountains—soft green mountains with rounded outlines, very different in type from the jagged rocks of Montenegro. Their sides were splashed with the gold of broom and the yellow of sage, and with the purple of some wild-flower which grew in regular stripes in the crevices of out-cropping rock-strata. The air was scented and soft.

We travelled on for some hours without any incident beyond an occasional stoppage to tighten a bolt, to retrieve

241 a loose nut, or to do some minor repairs to the engine. At length the plain of Argyrocastron came into view—a wide, well-cultivated valley many miles in extent, where green

1 [near Argyrocastron-- 166 Analyst]